

**Good afternoon, USC!**

**Here are your updates for the week of January 18th-22nd**

**Important Information:**

**Departmental Updates:**

**PEOPLE AND DEVELOPMENT:**

**Vacation Trackers:** Please note that the 2021 vacation trackers will be updated and available soon. Between now and then, if you have any questions about the balance on your 2021, please contact Andrea.

**EAP:** Please take a look at the first EAP newsletter for 2021 that's attached to the e-mail. This month's edition covers topics such as goal setting and stress management.

**Pension:** Just a reminder that if you would like advice about your pension plan fund selections, you can contact Hugh Rawling and he will review your portfolio with you at no charge. He can be reached at:

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**Wellness Program:** Just a friendly reminder that if you would like access to a Headspace account you can enroll for free using this link! Headspace is a wonderful app that has guided meditation sessions, workouts, podcasts, and playlists created to help you focus while doing work! <https://work.headspace.com/universitystudentscouncilofwesternuniversity/member-enroll>

**FINANCE** December GL's to be sent out this week for review, Financial reports to follow. Please continue to submit AP and AR requests. AP cheques will be mailed, please include complete addresses when submitting. T4's are being reviewed and will soon be distributed.

## **PROMOTIONS PRINT PRODUCTION:**

### **INFORMATION SYSTEMS**

Looking for something to under the new lockdown orders? Eventbrite, the online ticketing system we use for many of our large events, lists dozens of free upcoming online events over the next few weeks. Check them out at <https://www.eventbrite.ca/d/online/free--events/>

With kids learning online for the next little while, many of us are upgrading our internet routers to keep up with the amount of video traffic. Here are some things to keep in mind when setting up your new equipment:

- Choose a good network password -- the longer the better!
- Login to the router's system to access extra security and stability features, such as per-device bandwidth limits and scheduled updates and reboots. Your documentation should provide this web link, but it is usually something like <https://home> or <https://192.168.0.1>
- While in there, change the default password to the router's control panel (make it different from your wifi password). Think of your wifi password as the lock on your home's front door. That's enough security to keep most people out, but a default router password is like an open window to anyone who wants in badly enough.
- Set up a guest network. While it may be some time before people visit you, a guest network account prevents access to all other devices on your home network, like shared files on your computer or interacting with smart devices.
- If you can, set up your computer with a wired connection to the router. You'll get the best performance and will leave the wifi bandwidth for everyone else.

## **RESERVATIONS & BUILDING SERVICES**

### **ADVOCACY AND GOVERNMENT SERVICES**

Elections are underway, with nominations closing January 19th at 4:00pm. If you know of or work with any students who should run, please send them to [www.wusc.directnominations.net](http://www.wusc.directnominations.net) to fill out the nomination form (or to the CRO if they have any questions).

With the current stay at home order, we have made the decision to prohibit in-person campaigning of any kind this year, so everything will be virtual.