# Good morning, USC! Here are your updates for the week of April 1-5, 2019

## **General Updates**

**Recycle used batteries:** Reminder to recycle your used batteries in Room 340 lunchroom! room.

**Goodbye Stephanie:** Come join Stephanie in a drink at The Spoke, Thursday @ 4:30pm to say goodbye! Stephanie's last full day with the USC will be this Friday.

### **Departmental Updates**

#### PEOPLE AND DEVELOPMENT

## **Health and Safety**

HR Orientation Sessions: The dates for the first part of next year have been booked:

April 26 May 31

June 28

These dates have also been posted on the Staff Hub calendar. All sessions will be held in Room 369 at 2:00 p.m. Please contact Andrea or Kate with your attendee numbers before each session and also if you would like to book a dedicated for your staff.

## **Enviro Program, Weekly Tip:**

### **WEEKLY TIP: NATURAL PLANTS AT WORK**

According to Toronto Public Health, poor indoor air quality is linked to health problems like allergies, asthma, lung cancer and infections. Indoor potted-plants have been shown to remove airborne pollutants including volatile organic compounds, carbon monoxide, and carbon dioxide, which all contribute to poor air quality. Aside from these benefits, plants can also reduce stress, fight toxins, and even boost creativity (source). Field experiments indicate that placing plants in the work environment increases the overall health and well-being of employees (source).

#### Wellness:

The hours that the USC has available to use the WEC will remain the same. Please see the Wellness and Development Calendar for more details: Wellness Calendar

WEC Schedule and use of space:\_All WEC open gym times are listed in the Wellness Calendar. Just a reminder for anyone who is interested in participating in the Wellness program (including intramurals), must sign the Wellness waiver.

#### **FINANCE**

We are now located in UCC Room 0401. Until 12:00 noon today!

### **EVENTS AND BUILDING SERVICES**

Events in the UCC this week:

April 1 - Community Engaged Learning Poster Event - Atrium

April 2 - Foot Patrol's Annual Used Book Sale - Atrium

- April 3 Ethnocultural's Western Goes Global West Lounge
- April 4 Sikh Students Association's Turban Up Atrium Engineering's Design Showcase West Lounge
- April 5 Autism Awareness Day Atrium
  Acapella Project's Year End Show West Lounge (evening)
- Apirl 6 Orientation's Soph Rally and Pub West Lounge

### **INFORMATION SYSTEMS**

**ASUS compromise** - If you have an ASUS computer or notebook at home, and have left in place their "Live Update" automatic update software, there is a chance that your computer has been compromised! Hackers infiltrated their servers last year and added their own code to push through malware instead of a legitimate update. While it looks as if the hackers were trying to target specific computers, the compromise does leave all affected system vulnerable. If you have an ASUS system, please visit this link to download the diagnostic software to see if you were infected... https://www.asus.com/ca-en/News/DCONG841z5Gj6duu